

How to make a bedroll for Quest

Get a cheap tarp or black plastic approx 3x2m. It needs to be 1 m longer and wider than the mattress so it can fold over. The mattress should be less than 5cm thick and light. Air mattresses are not ideal as they get a hole and the child then sleeps on the ground.

Lay the tarp down, put the mattress on top in the center of the tarp. Lay the bedding on top of the mattress. Fold the excess tarp over the mattress and tuck it all in. Roll it up and tie the bed roll with some rope or buckle straps.

Kids please practice rolling and tying it up by yourself so you know if you need different straps or rope.

As a guide the bedroll or commercial swag should be less than 80cm wide and 60cm high.

